



DEALING WITH DEMENTIA

Q. What is Dealing with Dementia?

A. Dealing with Dementia is a four-hour workshop created by the Rosalynn Carter Institute for Caregivers. It is designed to provide essential information and support to caregivers as they navigate the unique challenges of caring for someone living with dementia. Caregivers will learn how to better understand dementia, manage problem behaviors, handle stress, and find more time for themselves.

Q. Who can benefit from Dealing with Dementia?

A. Dealing with Dementia is beneficial for both family and professional caregivers who are involved in caring for individuals living with dementia. It offers essential insights and practical strategies to help caregivers navigate the challenges associated with dementia caregiving.

Q. What does Dealing with Dementia do for participants?

A. Dealing with Dementia covers six topics, including understanding dementia, caregiving tips and self-care strategies, managing care recipient behaviors, and available resources, providing workshop participants with a thorough understanding of dementia-related issues. Overall, Dealing with Dementia empowers caregivers with knowledge, skills, and support, enhancing their ability to provide effective and compassionate care to individuals living with dementia.

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